

	Term 1				Term 2			Term 3				
	September	October	November	December	January	February	March	April	May	June	July	
Enrichment and aspiration curriculum	SWFC weekly football intervention 12 weeks term 1 15 students				SWFC weekly football intervention 12 weeks term 2 15 students			SWFC weekly football intervention 12 weeks term 3 15 students				
	BMX intervention 10 weeks term 1 6 students				BMX intervention 10 weeks term 2 6 students			BMX intervention 10 weeks term 3 6 students				
	Law graduate programme 6 weeks term 1 3 students				Law graduate programme 6 weeks term 1 3 students			Law graduate programme 6 weeks term 1 3 students				
	Emergency aid session term 1 8 students				Emergency aid session term 2 8 students			Emergency aid session term 3 8 students				
	Hair and Beauty programme 10 weeks term 1 3 students				Hair and Beauty programme 10 weeks term 2 3 students			Hair and Beauty programme 10 weeks term 2 3 students				
	Art therapy 10 weeks term 1 4 students				Art therapy 10 weeks term 2 4 students			Art therapy 10 weeks term 3 4 students				
	Bike maintenance 10 weeks term 1 3 students				Bike maintenance 10 weeks term 2 3 students			Bike maintenance 10 weeks term 3 3 students				
	Horticulture 10 weeks term 1 3 students				Horticulture 10 weeks term 2 3 students			Horticulture 10 weeks term 3 3 students				
	Furniture restoration 10 weeks term 1 3 students				Furniture restoration 10 weeks term 2 3 students			Furniture restoration 10 weeks term 3 3 students				
	Bricklaying 10 weeks term 1 2 students				Bricklaying 10 weeks term 2 2 students			Bricklaying 10 weeks term 3 2 students				
	Tiling 10 weeks term 1 2 students				Tiling 10 weeks term 1 2 students			Tiling 10 weeks term 1 2 students				
	Joinery 10 weeks term 1 3 students				Joinery 10 weeks term 2 3 students			Joinery 10 weeks term 3 3 students				
	Life curriculum (PHSE and RSHE)	How to identify, express and manage their emotions in a constructive way How to manage the challenges of moving to a new school How to establish and manage friendships How to identify personal strengths and areas for development		How to be enterprising, including skills of problem solving, communication, teamwork, leadership, risk management and creativity about a broad range of careers and the abilities and qualities required Equality of opportunity How to broaden their horizons and identifying future career aspirations About the link between values and career choices.		How to be enterprising, including skills of problem solving, communication, teamwork, leadership, risk management and creativity about a broad range of careers and the abilities and qualities required. Equality of opportunity How to broaden their horizons and identifying future career aspirations About the link between values and career choices.		How to make healthy lifestyle choices including diet, dental health, physical activity and sleep how to manage influences relating to caffeine, smoking and alcohol how to manage physical and emotional changes during puberty about personal hygiene how to recognise and respond to inappropriate and unwanted contact about FGM and how to access help and support		How to develop self-worth and self-efficacy about qualities and behaviours relating to different types of positive relationships how to recognise unhealthy relationships how to recognise and challenge media stereotypes how to evaluate expectations for romantic relationships about consent, and how to seek and assertively communicate consent		how to make safe financial choices about ethical and unethical business practices and consumerism about saving, spending and budgeting how to manage risk-taking behaviour Personal safety strategies How to respond in first aid emergencies
Lesson 1 - What is LIFE - Starting at secondary school		Lesson 1 - What is a career		Lesson 1 - Community Diversity		Lesson 1 - How to have a healthy lifestyle, peer pressure and bad habits		Lesson 1 - assertive consent and self esteem		Lesson 1 - Ethical and unethical business		
Lesson 2 - Bereavement lesson		Lesson 2 - Skills		Lesson 2 - Breaking down stereotypes		Lesson 2 - Puberty		Lesson 2 - Consent and boundaries		Lesson 2 - Saving spending and budgeting		
Lesson 3 - Team work and target setting		Lesson 3 - Interests and strengths * aspiration survey *		Lesson 3 - Prejudice and discrimination (including equality act)		Lesson 3 - Girls and boys lesson		Lesson 3 - good friends and managing friendships		Lesson 3 - Managing risk		
Lesson 4 - Talking about feelings		4 - Jobs now and in the future		Lesson 4 - Bullying different types and effects.		Lesson 4 - Personal hygiene		Lesson 4 - Grooming		Lesson 4 - Manageing money		
Lesson 5 - Black History Month		Lesson 5 - LMI and my local area		Lesson 5 - Mutual Respect and tolerance		Lesson 5 - Growing up and FGM		Lesson 5 - media stereotypes, recognising and challenging		Lesson 5 - First Aid		
Lesson 6 - Friendship and changes		Lesson 6 - Stereotype careers (event)		Lesson 6 - Rule of law (ASB and conduct in public.		Lesson 6 - Emotional changes and relationships		Lesson 6 - Healthy and unhealthy relationships		Lesson 6 - Personal Safety		
Lesson 7 - Review lesson		Lesson 7 - Panjango careers game (on rotation)										
Cultural capital experiences	The Big Challenge				European challenge MFL department		Female role models trip to Manor top Army reserve centre		Law students visit to Thompsons solicitors Law firm 3rd cohort			
	English Institute of Sport visit				Primary transition leaders visits to local primaries to support KS2 transition outreach				Health Care students visit to Hallam HE healthcare buildings 3rd cohort			
					Law students visit to Thompsons solicitors Law firm 1st cohort		Law students visit to Thompsons solicitors Law firm 2nd cohort					
					Health Care students visit to Hallam HE healthcare buildings 1st cohort		Health Care students visit to Hallam HE healthcare buildings 2nd cohort					
Extra-curricular activities	Y7											
	KS3 Music club 103 CJ 3-4pm Tuesdays											
	KS3 Drama club 102 3-4pm Mondays											
	SWFC lunchtime football club all students 3G											
	NEST ASD breakfast club SEN students every morning SEN staff											
	Sanctuaty breakfast/break/lunch club every day students with a Sanctuary pass KC/EC											
	LGBTQ+ club 7/9/11s HL 220 Wednesday lunch											
	Careers drop in club breaktime every day 119a SB/SD											
	Fitness training Mondays KAP fitness suite Mondays											
	Maths KS3 Rockstars club LTI 219 3-4pm Mondays											
	Big Challenge y7/8 students 122 3-4pm Tuesdays											
Art club 108 JG Thursdays 3-4pm												
Library club LRC LM Mon/Tues/Wed/Thurs 3-4pm												

